

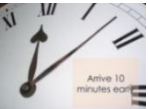



FASTING Ultrasound Scan for NHGP



PREPARATION INSTRUCTION for FASTING Ultrasound Scan
(6-8 hours BEFORE appointment time)

PERSEDIAAN ARAHAN untuk Imbasan Ultrabunyi PERLU PUASA
(6-8 jam SEBELUM waktu temujanji)



DO's / DIBENARKAN	DON'Ts / TIDAK DIBENARKAN
<p>✓ Please fast 6-8 hours before appointment time Sila berpuasa 6-8 jam sebelum waktu temujanji</p>	<p>✗ No FOOD Jangan MAKAN</p>
<p>✓ Drink PLAIN WATER (ONLY) Minum AIR KOSONG (SAHAJA)</p>	<p>✗ No DRINKS (Plain water is allowed) Jangan MINUM (Hanya air kosong dibenarkan)</p>
	
<p>✓ Take Medication (If any) Ambil ubat yang telah ditetapkan (jika ada)</p>	<p>✗ Do not take DIABETES MEDICINE before your appointment (if any) Jangan ambil UBAT KENCING MANIS sebelum temujanji (jika ada)</p>
	
<p>✓ Arrive clinic 10 mins early Tiba di klinik 10 minit awal</p>	<p>✗ No SMOKING Jangan MEROKOK</p>
	

To re-schedule, please call:
 Untuk menukar jadual, sila hubungi:




6547 6456
 (Geylang Polyclinic)

6355 3000
 (Other NHGP Polyclinics)

NON-FASTING Ultrasound Scan for NHGP

<input type="checkbox"/>	<p>PREPARATION INSTRUCTION for NON-FASTING Ultrasound Scan PERSEDIAAN ARAHAN untuk Imbasan Ultrabunyi TIDAK PERLU PUASA</p>
<p>DO's / DIBENARKAN</p>	
<p>✓</p> <p>✓</p> <p>✓</p>	<p>Eat and drink (as per normal) Makan dan minum seperti biasa</p> <p>Take Medication (If any) Ambil ubat yang telah ditetapkan (jika ada)</p>  <p>Arrive clinic 10 mins early Tiba di klinik 10 minit awal</p> 
<p>To re-schedule, please call: <input type="checkbox"/> 6547 6456 (Geylang Polyclinic) <input type="checkbox"/> 6355 3000 (Other NHGP Polyclinics)</p> <p>Untuk menukar jadual, sila hubungi: <input type="checkbox"/> 6547 6456 (Geylang Polyclinic) <input type="checkbox"/> 6355 3000 (Other NHGP Polyclinics)</p>	

PELVIS Ultrasound Scan for NHGP

<input type="checkbox"/>	<p>PREPARATION INSTRUCTION for PELVIS Ultrasound Scan (with FULL BLADDER) (1 hour BEFORE appointment time) PERSEDIAAN ARAHAN untuk Imbasan Ultrabunyi PELVIS (dengan PUNDI KENCING PENUH) (1 jam SEBELUM waktu temujanji)</p>	
DO's / DIBENARKAN		DON'Ts / TIDAK DIBENARKAN
<p>✓</p> <p>✓</p> <p>✓</p>	<p>Drink 2-3 bottles (total 1.0- 1.5 litre) of PLAIN WATER Minum 2-3 botol (jumlah 1.0 - 1.5 liter) AIR KOSONG</p>  <p>Arrive clinic 10 mins early Tiba di klinik 10 minit awal</p>  <p>Eat and drink (as per normal) Makan dan minum seperti biasa</p>	<p>✗ Do not go to TOILET Jangan pergi ke TANDAS</p> 
<p>To re-schedule, please call: <input type="checkbox"/> 6547 6456 (Geylang Polyclinic) <input type="checkbox"/> 6355 3000 (other NHGP Polyclinics)</p> <p>Untuk menukar jadual, sila hubungi: <input type="checkbox"/> 6547 6456 (Geylang Polyclinic) <input type="checkbox"/> 6355 3000 (other NHGP Polyclinics)</p>		