









FASTING Ultrasound Scan for NHGP

<input type="checkbox"/>	<p>PREPARATION INSTRUCTION for FASTING Ultrasound Scan (6-8 hours BEFORE appointment time)</p> <p>超声波检验准备指示 (需禁食) (在预约时间前 6 至 8 小时)</p>		
<p>DO's / 可行</p>		<p>DON'Ts / 不可行</p>	
<p>✓</p>	<p>Please fast 6-8 hours before appointment time 在预约时间前 6 至 8 小时内禁止进食</p>	<p>✗</p>	<p>No FOOD 禁止进食</p>
<p>✓</p>	<p>Drink PLAIN WATER (ONLY) 只可喝白开水</p>	<p>✗</p>	<p>No DRINKS (Plain water is allowed) 禁止喝其他饮料除了白开水</p>
			
<p>✓</p>	<p>Take Medication (If any) 可服用处方药物 (若有)</p>	<p>✗</p>	<p>Do not take DIABETES MEDICINE before your appointment (if any) 禁止服用糖尿病药物(若有)</p>
			
<p>✓</p>	<p>Arrive clinic 10 mins early 在预约时间的 10 分钟前抵达诊疗所</p>	<p>✗</p>	<p>No SMOKING 禁止抽烟</p> 
	<p>To re-schedule, please call: 若要更换预约时间, 请拨打:</p>		<p><input type="checkbox"/> 6547 6456 (Geylang Polyclinic) <input type="checkbox"/> 6355 3000 (Other NHGP Polyclinics)</p>

NON-FASTING Ultrasound Scan for NHGP

<input type="checkbox"/>	<p>PREPARATION INSTRUCTION for NON-FASTING Ultrasound Scan 超声波检验准备指示 (无需禁食)</p>
<p>DO's / 可行</p>	
<p>✓</p> <p>✓</p> <p>✓</p>	<p>Eat and drink (as per normal) 可进食和喝水 (无需禁食)</p> <p>Take Medication (If any) 可服用处方药物 (若有)</p> <p style="text-align: center;"></p> <p>Arrive clinic 10 mins early 在预约时间的 10 分钟前抵达诊疗所</p> <p style="text-align: center;"></p>
<p>To re-schedule, please call: 若要更换预约时间, 请拨打:</p> <p style="display: flex; justify-content: space-around;"> <input type="checkbox"/> 6547 6456 (Geylang Polyclinic) <input type="checkbox"/> 6355 3000 (Other NHGP Polyclinics) </p>	

PELVIS Ultrasound Scan for NHGP

<input type="checkbox"/>	<p>PREPARATION INSTRUCTION for PELVIS Ultrasound Scan (with FULL BLADDER) (1 hour BEFORE appointment time) 超声波检验准备指示 (膀胱需涨满) (在预约时间前 1 小时)</p>	
<p>DO's / 可行</p>		<p>DON'Ts / 不可行</p>
<p>✓ ✓ ✓</p>	<p>Drink 2-3 bottles (total 1.0- 1.5 litre) of PLAIN WATER 需喝 2-3 瓶 (总共 1-1.5 升) 白開水 </p> <p>Arrive clinic 10 mins early 在预约时间的 10 分钟前抵达诊疗所 </p> <p>Eat and drink (as per normal) 可进食和喝水 (无需禁食)</p>	
<p>To re-schedule, please call: 若要更换预约时间, 请拨打:</p>		<p>✗ Do not go to TOILET 禁止上厕所 </p>
<p><input type="checkbox"/> 6547 6456 (Geylang Polyclinic)</p>		<p><input type="checkbox"/> 6355 3000 (other NHGP Polyclinics)</p>