Primary Care Forum 2014 a success
Some 1,000 public and private healthcare practitioners and administrators attended the Primary Care Forum on 26 and 27 September to discuss the demands on the reach and capacity of primary care in Singapore.
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Primary Care Forum 2014 a success

Some 1000 healthcare practitioners and administrators participated in the annual Primary Care Forum organised by the Primary Care Academy on 26 and 27 September 2014. The two-day event, themed “Primary Care: The Fulcrum of a Healthy Population”, was held at Singapore Expo in conjunction with National Healthcare Group’s Singapore Health and Biomedical Congress 2014.

This year’s forum highlighted how primary care has to extend its reach and capacity beyond the complex healthcare needs of an ageing population to also address the healthcare demands of a diverse population.

The conference opened with an address by the guest of honour, Mrs Tan Ching Yee, Permanent Secretary for the Ministry of Health, who spoke on some of the challenges faced by the primary care sector in Singapore.

This year’s keynote speaker Professor Rifat Atun, Professor of Global Health Systems and Director of Global Health Systems Cluster in the Department of Global Health and Population from Harvard School of Public Health, spoke about improving responsiveness of healthcare systems to population healthcare needs.

Prof Rifat Atun delivering his keynote

Dr Sandra Kemp, Assistant Dean, Course Evaluation, Medical Education, Lee Kong Chian School of Medicine, and Mr Paul Gagnon, Director, E-Learning & IT Services, Lee Kong Chian School of Medicine were two of the prominent speakers at the forum

The panelists discussed how primary care can be redesigned for population health
Participants were invited to share their thoughts during the question and answer sessions.

Speakers taking questions from the audience.

Prof Martin Roland, RAND Professor of Health Services Research in the Institute of Public Health from University of Cambridge, was one of the plenary speakers.

"As a psychologist working in primary care, the Primary Care Forum is an excellent platform to get updates on current issues. I am inspired by Dr Gilbert Fan’s sharing about his experience collaborating with healthcare professionals to improve patients’ medical symptoms and psychosocial distress."

Mr Yap Chee Khong
Psychologist, Clinical Services

"Many points raised by the speakers struck a chord with me. It was particularly encouraging to learn how shifting from a doctor-centric to a patient-centric approach can improve health outcomes nationwide. The sharings widen my perspectives and prepare me for future challenges."

Dr Eugene Chua
Family Medicine Resident, Hougang Polyclinic

"I especially enjoyed the symposium “Healthy population: Beyond the medical realm” as it highlighted the importance of giving patients holistic care rather than simply treating their medical conditions. I will attend the forum again next year as it enriches me with knowledge beyond textbooks and daily clinical consultations."

Dr Desmond Ong
Family Physician, Associate Consultant, Jurong Polyclinic

Professor Martin Roland, RAND Professor of Health Services Research in the Institute of Public Health from University of Cambridge, spoke about how transformative changes to strengthen primary care to meet new challenges should be guided by well-researched evidence. The forum also featured about 30 other local and overseas speakers such as Dr Gilbert Fan, Mr Gerald Ee, Mr Lim Teck Yin, Associate Professor Pang Weng Sun, Associate Professor Lau Tang Ching, and Dr Sandra Kemp.

A lively panel discussion, chaired by Dr Wong Tien Hua who is the First Vice-President of the Singapore Medical Association, saw practitioners from the public and private sectors exploring the role of primary care in population health management. The session also discussed system delivery re-designs that would help the healthcare system in Singapore to successfully effect population health management.

Topics related to dermatology, endocrinology, sports medicine, psychiatry, and rehabilitative medicine were also featured at the forum. Dr Gilbert Fan, Head of Department of Psychosocial Oncology at National Cancer Centre Singapore, spoke on social medicine, while speakers from Lee Kong Chian School of Medicine and Yong Loo Lin School of Medicine spoke on family medicine education.

From left: Dr Richard Lee, Family Physician, Associate Consultant, NHGP; Dr Patrick Goh, Specialist Sports Physician, Sports Medicine International; Dr Mark Tang, Dermatologist, Senior Consultant, National Skin Centre; A/Prof Chong Phui-Nah, CEO, NHGP; Dr Alvin Ng, Endocrinologist, Consultant, The Endocrine Clinic; Dr Michael Yee, Family Physician, Rapha Medical Centre; Dr Ong Seh Hong, Psychiatrist, Senior Consultant, Department of Psychological Medicine, Khoo Teck Puat Hospital.
Nutrition programmes for Jurong residents at Nanyang Community Centre

The Wellness Committee from Nanyang Community Centre invited senior dietician Janie Chua from Jurong Polyclinic to conduct a series of interactive nutrition programmes. Jurong residents learnt more about healthy eating through the engaging sessions.

“Healthy Eating, Healthy Living” talk and cooking demonstration
The session on 23 August 2014 started with a talk on healthy eating. During the one-hour chat, Janie shared dietary tips on osteoporosis prevention and how to lower cholesterol levels and high blood pressure. To convince her audience that healthy food can be flavourful, she conducted blind food tasting between regular products and their healthier alternatives such as white bread versus high-fibre white bread.

To teach residents how to meet the recommended two servings of fruit in their daily diet, Janie prepared two interesting dishes using apples during her cooking demonstration: apple seafood fried brown rice and curried sweet potato soup.

Supermarket tour at NTUC FairPrice Xtra at Jurong Point
Janie conducted a second interactive nutrition programme a week later on 30 August 2014. Her colleague, dietitian Agnes Wong from Bukit Batok Polyclinic, was the co-facilitator on the supermarket tour.

Participants learnt how to make healthy food choices when grocery shopping. Common queries such as differences among types of cooking oils were addressed by the two dietitians.

At the end of the tour, the participants received goodie bags filled with healthy food products sponsored by NTUC FairPrice.

Healthy eating promotion kitchen

Health promotion is a powerful and cost-effective way to maintain a healthier community. Surveys and focus group research conducted by NHGP have revealed that patients respond better to health messages that are interactive and engaging.

NHGP’s dieticians and the Health Promotion & Prevention Care Department jointly designed and set up a healthy eating promotion kitchen known as Great Simple Tasty (GST) Corner at Bukit Batok Polyclinic. The aim is to help patients, especially those with chronic conditions or weight issues, achieve their health targets. This one-year pilot project is co-funded by the Health Promotion Board.

At GST Corner, a promoter gives out nutrition information and teaches the audience on healthy eating through food tasting sessions and cooking demonstrations. Take-home materials such as recipes and information leaflets are also distributed to the daily crowd that gathers. A new recipe is introduced weekly based on a theme that changes once every three months. The kitchen is open on Monday to Friday from 9am to 12pm. The GST Corner team has received positive feedback since it started operations in August 2014.
Caring for the Clementi community

Talks on dementia for Clementi residents
About 145 residents participated in Clementi Polyclinic’s annual community outreach event on 4 October 2014. Held at the Clementi Community Centre, residents learnt more about dementia and how people with dementia can live healthily.

Dr Caron Sak, Family Physician, Clementi Polyclinic, shared clinical facts on dementia and Ms Zhang Kejing, Senior Staff Nurse, Clementi Polyclinic, spoke about healthy living with dementia. Before the talks, the team conducted a simple mental health test for the participants.

Bringing good cheer to the elderly
On 11 October 2014, 53 staff from Clementi Polyclinic distributed goodie bags to the elders from the Lion Befriender Activity Centre at Casa Clementi and Clementi Avenue 2. The goodie bags were contributed by staff from Clementi Polyclinic.

On that same Saturday afternoon, the clinic volunteers visited the homes of the elders who were not present earlier at the activity centre to chat with them and gave them the goodies. They also helped the elders identify safety issues in their flats and highlighted the areas to the Lion Befrienders for follow-up.

“We felt that the session was meaningful as we could reach out to the less-fortunate people in our neighbourhood,”

Ms Lim Mui Eng
Principal Pharmacist, Clementi Polyclinic.

Breast screening services at your doorstep

The NHG Diagnostics (NHGD) Mammobus is the first and only mobile mammography unit accredited under the National Breast Screen Singapore (BSS) programme. It provides an alternative for eligible women to undergo breast screening at their doorstep. To step up efforts and reach out to more women in the community, NHGD has been collaborating with community partners to offer an affordable and accessible breast screening service.

On 6 September 2014, NHGD partnered Marine Terrace Residents’ Committee to bring mammogram screening service to its residents. Emeritus Senior Minister Goh Chok Tong graced the event and was given a tour on the Mammobus. Separately, on 12 October 2014, NHGD took part in Bukit Batok East Active Ageing Committee’s Healthy for Life event, which was officiated by Madam Halimah Yacob. Besides providing mammogram screening, NHGD also shared simple self-breast examination tips with participants.
When accidents occur, prompt initial intervention before professional medical help arrives is critical to improve chances of survival and promote recovery of casualties. On 29 August 2014, the Primary Care Academy conducted its first basic first aid workshop for 20 non-medical NHGP staff from operations and administration department at the Primary Care Academy Learning Centre. During the half-day workshop, the participants were taught basic first aid knowledge and the skills required when attending to common injuries.

### Fall risk workshops for healthcare practitioners from intermediate and long-term care sector

Together with the Agency for Integrated Care (AIC), the Primary Care Academy (PCA) and NHGP’s physiotherapists conducted a series of fall risk workshops for therapist assistants and nursing aids from the intermediate and long term care sector. Participants of the workshops were staff from Asian Women’s Welfare Association Community Home for Senior Citizens, Handicaps Welfare Association, Kwong Wei Shiu Hospital, Lee Ah Mooi Old Age Home, Moral Home for the Aged Sick Ltd, St Andrew’s Community Hospital, and Sunlove Abode for Intellectually Infirmed Ltd.

The workshops equipped participants with the skills and knowledge to identify patients at risk of falls and the steps that can be taken to minimise fall risks. Participants were also taught transfer techniques and the proper use of assistive devices. An age-sensitisation experiential session was also included to help participants understand age-related physical challenges.

### Basic first aid workshop for non-medical staff and the public

When accidents occur, prompt initial intervention before professional medical help arrives is critical to improve chances of survival and promote recovery of casualties. On 29 August 2014, the Primary Care Academy conducted its first basic first aid workshop for 20 non-medical NHGP staff from operations and administration department at the Primary Care Academy Learning Centre. During the half-day workshop, the participants were taught basic first aid knowledge and the skills required when attending to common injuries.
The general practitioner (GP) dialogue session held on 29 August 2014 is part of NHGP’s ongoing efforts to engage Community Health Assist Scheme (CHAS)-certified GPs around its polyclinics to enable better handover of care. The session was held at Jurong Polyclinic and attended by ten CHAS clinics in the Jurong area. The GPs expressed interest to partner with NHGP to manage stable chronic patients who are already on, or are eligible for, CHAS at their clinics.

The GPs were hosted by Head of Jurong Polyclinic Dr Meena Sundram. Other NHGP facilitators included Chief Operating Officer Ms Grace Chiang, Director of Corporate Development Dr Peter Chow, and Deputy Director of Finance Mr David Kok.

Besides addressing GPs’ queries on CHAS claims, the dialogue session helped GPs better understand the services offered at Jurong Polyclinic, the number of CHAS patients in NHGP’s polyclinics, as well as Ang Mo Kio Polyclinic’s successful experiences partnering GPs in the Ang Mo Kio area. The GPs also raised potential problems and suggested ways to improve the partnership.

The GPs shared that they were pleased to have a direct feedback channel to NHGP and that they looked forward to working with NHGP to give patients with chronic conditions more treatment options.

Engaging GPs on an upcoming Family Medicine Clinic in Hougang-Serangoon

On 25 October, NHG organised an information session about the upcoming Family Medicine Clinic (FMC) for the Hougang-Serangoon area. GPs operating in the surrounding area, as well as some who operate in the central region, were invited to the event at The Serangoon Community Club.

The session briefed the GPs on FMC objectives, location details on the upcoming FMC at Hougang, as well as the proposed partnership model. The attendees were also asked to indicate if they are keen to set up the Hougang FMC with NHG.

The upcoming FMC will be part of the new Ci Yuan Community Club at Hougang Avenue 9. There are now six FMCs in Singapore developed by different Regional Health Systems. The FMC is a new model of care proposed by the Ministry of Health in 2011 as part of Singapore’s Primary Care Masterplan. The objective is to combine the expertise of the public and private healthcare sectors to look after the growing number of elderly and chronic patients in Singapore.
Professional learning exchanges

From 25 to 30 September 2014, NHGP’s senior management staff hosted Professor Rifat Atun, Professor of Global Health Systems and Director of Global Health Systems Cluster in the Department of Global Health and Population from Harvard School of Public Health. Prof Atun shared his experiences in global health systems and covered topics like the organisation and delivery of primary care, financing population health models, and how innovation could help advance primary care.

NHGP hosts foreign healthcare managers

A group of 24 senior management delegates from Qinghai, China, visited Hougang Polyclinic on 2 September 2014. They were warmly welcomed by NHGP’s Chief Executive Officer Mr Leong Yew Meng and Hougang Polyclinic’s management team.

During the visit, Mr Leong shared the history and development of Singapore’s healthcare system. He also provided an overview of Singapore’s healthcare system and the challenges faced by polyclinics given the rapid growth in healthcare demand. Other topics covered included Singapore’s healthcare financial schemes and subsidies, the complementary roles and responsibilities of medical specialists and family physicians, and the setting up of the Family Medicine Clinics and Community Health Centres to support private family doctors in chronic disease management. At the end of the visit, the delegates toured the polyclinic and observed the various services provided in the clinic.

Hosting Guangdong officials at Clementi Polyclinic

On 31 July 2014, Dr Lew Yii Jen, Senior Director of Clinical Services, NHGP and Clementi Polyclinic’s management team welcomed 25 senior officials from Guangdong Human Resource and Social Security Department. The Chinese visitors learnt how NHGP’s polyclinics are operated and how security issues are addressed at NHGP. During the visit, Dr Lew gave an introduction of NHGP and presented an overview of Singapore’s primary healthcare system. At the end of the visit, the officials were given a clinic tour by Clementi Polyclinic’s management team.

Overseas primary healthcare experts visit NHGP

In September 2014, NHGP was privileged to host two esteemed overseas experts. They were the plenary speakers for this year’s annual Primary Care Forum, which was held at Singapore Expo on 26 and 27 September 2014.

From 23 to 26 September 2014, the senior management of NHGP hosted Professor Martin Roland, RAND Professor of Health Services Research in the Institute of Public Health from University of Cambridge. During his visit, Prof Roland shared his expertise on primary care delivery models. He also spoke about the international experience in adopting the Pay-for-Performance model and other healthcare performance measures.

Family Medicine Academy shares clinical training experience

Six delegates from the National University Health System (NUHS) visited the Family Medicine Academy (FMA) at Bukit Batok Polyclinic on 18 July 2014 to learn more about its facilities. Dr Tang Wern Ee, Head of Clinical Research Unit, NHGP, who is also Adjunct Assistant Professor of Lee Kong Chian School of Medicine, led the delegates on a short tour around the academy. The institutions also exchanged ideas to improve clinical training. It was a fruitful session for both NHGP and NUHS.
Eight clinician-teachers receive NHG Teaching Excellence Awards

Clinician-teachers are central to ensure a strong pipeline of professionals is ready to meet Singapore’s future healthcare needs. Eight clinician-teachers from NHGP received the NHG Teaching Excellence Award for their commitment and contribution to teaching and mentoring junior clinicians. The ceremony was held on 5 September 2014 at Tan Tock Seng Hospital.

The award recipients from NHGP are: Dr Predeebha Kannan (NHG Education Leaders Award), Deputy Director, Primary Care Academy; Ms Tong Ling Hoh (NHG Outstanding Nurse Teachers Award), Nurse Educator, Nursing Services; Ms Fatimah Bte Endut (NHG Teaching Award for Nursing Preceptors), Nurse Clinician, Choa Chu Kang Polyclinic; Ms Hashimah Bte Hashim (NHG Teaching Award for Nursing Preceptors), Nurse Clinician, Choa Chu Kang Polyclinic; Ms Quek Imm Pin (NHG Teaching Award for Nursing Preceptors), Nurse Clinician, Ang Mo Kio Polyclinic; Ms Saroja d/o Vadiveloo (NHG Teaching Award for Nursing Preceptors), Senior Staff Nurse, Yishun Polyclinic; Mr Kwok Boon Chong (NHG Teaching Award for Allied Health Educators), Senior Physiotherapist, Clinical Services; Dr Lee-Oh Chong Leng (NHG Outstanding Education Partners Award), Adjunct Family Physician, Family Medicine Development.

NHGP Best Family Medicine Trainers’ and Nurses Best Preceptor Awards

Dr Tang Wern Ee, Head of Clinical Research Unit, NHGP Dr Tan Kim Kiat, Family Physician, Associate Consultant, Choa Chu Kang Polyclinic, received the NHGP Best Family Medicine Trainers’ Award on 1 November 2014. The award recognises family medicine trainers for their dedication in educating medical undergraduates and family medicine residents. Ms June Lim, Senior Staff Nurse, Hougang Polyclinic, was also awarded the NHGP Nurses Best Preceptor Award.

Dr Lee Kwang How and Dr David Ng receive the Fellowship of the College of Family Physicians

Dr Lee Kwang How, Family Physician, Associate Consultant, Bukit Batok Polyclinic, and Dr David Ng, Family Physician, Associate Consultant, Toa Payoh Polyclinic, received the Fellowship of the College of Family Physicians (FCFP) of Singapore. The training fellowship provides physicians advanced training in family medicine. The two-year programme will develop and equip family physicians with skills to enable them to take on leadership roles in teaching, research and the practice of family medicine in Singapore.
Meet NHGP’s new Chief Executive Officer

Adjunct Associate Professor Chong Phui-Nah, former Senior Director, Family Medicine Development and Primary Care Academy, NHGP has succeeded Mr Leong Yew Meng as Chief Executive Officer (CEO) of NHGP with effect from 1 October 2014. Mr Leong helmed NHGP since December 2009.

A/Prof Chong, who is also an Adjunct Associate Professor (Family Medicine) at Lee Kong Chian School of Medicine, graduated from the National University of Singapore with a Bachelor of Medicine and Bachelor of Surgery in 1991. In 1997, she obtained her Masters of Medicine (Family Medicine), and in 2002 she attained the Fellow of the College of Family Physicians. Earlier this year, she graduated with a Masters in Business Administration from the University of Chicago Booth School of Business.

A/Prof Chong has been with NHGP since its inception in 2000. Since then, she has contributed much to the primary care sector in Singapore. In 2003, she implemented the NHGP Asthma Programme to ensure that the necessary structures are in place to treat asthma as a chronic disease instead of an episodic condition. She also set up the Family Physician Clinics in 2005. Motivated by her belief that primary care is the foundation of Singapore’s healthcare system, A/Prof Chong set up the Primary Care Academy in 2007 and Family Medicine Academy in 2013 to enhance primary healthcare training. She was also instrumental in establishing the Family Medicine Development Division in 2008 to advance family medicine.

As a practising family physician who has also been a part of NHGP for over a decade, A/Prof Chong has the knowledge and experience to lead NHGP to transform primary care and advance family medicine in Singapore.

Staying active and healthy together

In the afternoon of 18 October 2014, Yio Chu Kang Stadium was filled with resounding cheers from about 800 staff who were dressed in different colours representing NHGP’s nine polyclinics and the corporate office. It was NHGP’s active day – an annual event organised by NHGP to encourage staff to remain active and healthy.

The day started with an exhilarating mass Zumba workout dance to get everyone warmed up for the various fitness activities. The annual Fitness Challenge was then conducted, where 10 teams of 15 participants per team competed to complete a series of obstacles in the “Olympic Inflatables Challenge”. A two-kilometre walk and an aerobics session of Zumba and Tai Chi were conducted concurrently with the Fitness Challenge to actively engage more participants.

For the second year running, the Ang Mo Kio Polyclinic Team was crowned champion of Fitness Challenge 2014. They also received the CEO Challenge Trophy for their fitness assessment, attendance in regular exercise classes and overall participation in the Fitness Challenge.
NHGP celebrates: Culture DNA Day

On 28 August 2014, some 300 NHGP staff gathered at the Yio Chu Kang Grassroots’ Club to celebrate the organisation’s third Culture DNA Day. Based on the theme “Voyage to WOW”, the event commemorated NHGP’s corporate culture transformation programme that began in 2011. It also highlighted NHGP’s commitment to embark on “a journey of continuous improvement and excellent service that makes our patients and colleagues go WOW”.

NHGP’s culture framework has three components. OurCare covers process improvements and iCARE covers service quality. The framework is anchored by the third component, which is the organisation’s “Way of Being” (WoB) principles of “seeing people as people” and “holding ourselves accountable to patients, co-workers, supervisors and team members”. These principles guide everyday behaviour to provide excellent care in a supportive environment where staff feel empowered and fulfilled.

An award ceremony was held to reward and recognise staff who had won the WoB Award, iCARE Champion (Star) Award, iCARE HQ Partners Award, iCARE Service Partners Award, OurCare Champion Award and OurCare Quality Improvement Award (Distinction). These winners were staff who contributed to NHGP by providing great service or improving care processes. Four doctors and nurses were each presented a Certificate of Appreciation in appreciation of their continuous efforts to guide participants in the Clinical Practice Improvement Programme.

NHGP marks World Mental Health Day

NHGP launched a Mental Health Flipchart and “Release Stress Now” CD on World Mental Health Day on 10 October 2014. Education booths were set up in NHGP’s nine polyclinics to raise awareness on the psychology services available. Educational materials on mental health were also distributed. Lunch time talks were also conducted to help staff manage personal and work stress.

The launch of the Mental Health Flipchart marked the beginning of closer collaboration within the Health and Mind Care Team to improve efficiency of assessment and intervention for patients seeking help for mental health problems or lifestyle behaviour change. The team comprises doctors, nurses, medical social workers and psychologists.

The “Release Stress Now” CD contains a series of stress reduction audio tracks created by NHGP’s psychology services. The recordings in English and Mandarin take listeners through safe and simple stress reduction methods.

The stress reduction audio tracks can also be accessed online at www.nhgp.com.sg/Our_Care_Team/.
Wound Management Course for Enrolled Nurses

Wound care is one of the fastest growing areas in health care today. Health care professionals are faced with daily challenges in effective wound management and the assessment and treatment of a variety of wounds, such as venous ulcers, arterial ulcers or ischemic ulcers, diabetic ulcers, pressure ulcers and mixed ulcers. This 32-contact hour course prepares enrolled nurses to practice evidence-based holistic wound management. Contents include assessment of wounds, use of cleansing solutions, selection of appropriate wound products, and documentation.

The course combines theoretical and practical elements across these topics:
- Fundamentals and principles of wound healing
- Fundamentals of wound assessment
- Wound bed preparation
- Selection of wound products and documentation
- Fundamentals of acute and chronic wound care
- Patient education
- Presentation of individual case study

Entry requirements

Participants should be:
- Enrolled Nurses with a current practicing certificate issued by the Singapore Nursing Board (SNB) and;
- Enrolled Nurses with a minimum of six (6) months post-registration clinical experience

Date: 7, 15, 21 and 27 January 2015
Time: 9am – 5pm
Venue: Primary Care Academy Learning Centre Choa Chu Kang Polyclinic Level 3 2 Teck Whye Crescent Singapore 688846
Course fee: $600 (before GST)
Email: secretariat@pca.sg
Registration: Please call 64966683

Basic Chronic Disease Management Course

Chronic diseases are becoming more prevalent and complex nowadays. Patients with chronic diseases are usually elderly and have comorbidities, and they require a team-care approach to better co-ordinate their treatments. Nurses and allied health professionals such as dietitians, psychologists and physiotherapists play an important role in the management of chronic diseases within a primary healthcare setting.

Primary Care Academy, in collaboration with NHGP’s Nursing Services, is offering a course on chronic disease management to equip registered nurses (RN) and allied healthcare professionals (AHP) with basic skills and knowledge to manage chronic diseases in the community. It is a part-time course which comprises class room teaching, eLearning, skill workshop and clinical attachments (only for nurses). The chronic diseases covered in this course include diabetes mellitus, hypertension, lipid disorders, asthma and chronic obstructive pulmonary disease (COPD). This course will also cover some aspects of dementia care.

Entry requirements

Participants should be:
- Registered Nurse with current Practicing Certificate issued by Singapore Nursing Board (SNB) and;
- Registered Nurse with minimum of one year post-registration clinical experience or
- Allied Health Professionals (Physiotherapist, Psychologist, Medical Social Worker and Podiatrist)

Date: 14 January to 25 March 2015
Total of 15 afternoons (for RNs), 7 afternoons (for AHPs)
Time: 2pm – 6pm
Venue: Primary Care Academy Learning Centre Choa Chu Kang Polyclinic Level 3 2 Teck Whye Crescent Singapore 688846
Course fee: $1,200 (before GST)
Email: secretariat@pca.sg
Registration: Please call 64966683