

Keep all medication out of reach of children.



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PATIENT INFORMATION ON

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*Medicine To Treat:
Cardiac Diseases*

Anti-anginal Agents (II)
Trimetazidine

About your Medicine

Your doctor has just prescribed for you Trimetazidine. The brand available in the market is Vastarel®.

What is Trimetazidine used for?

Trimetazidine is used for long term treatment of angina. Angina is pain arising from the heart muscle when it does not receive enough oxygen. You may have the feeling of indigestion, fullness, squeezing pressure, tightness in the chest spreading to your arms or neck. Trimetazidine increases coronary reserve, prevents sudden rises in blood pressure and reduces the frequency of angina attacks.

How should I take the Medicine?

Trimetazidine comes in the form of tablet. It should be taken by mouth with a drink of water. Follow the directions on the prescription label. Always take the medicine with meals.

What should I do if I forget a dose?

Try not to miss doses. If you do miss a dose, take it as soon as you remember it. Take the remaining doses for that day at evenly spaced intervals. Do not take a double dose to make up for the missed one.

Discard all medication that is outdated or no longer required

Keep all medication out of reach of children.

What side effects can this medicine cause?

Gastrointestinal discomfort may occur infrequently and it is usually mild.

What precaution should I take?

Inform your doctor and pharmacist if you are

- Allergic to Trimetazidine or any other drugs.
- Pregnant or breast feeding.
- Taking a monoamine-oxidase inhibitor (MAOI) type of medication, for example, moclobemide (Aurorix[®])

How should I store this Medicine?

Keep this medication in the container it came in, tightly closed. Store it in a cool and dry place. Consult your pharmacist about the proper disposal of your medication.

We are located in these polyclinics:

Ang Mo Kio	Tel : 6554 7462	Clementi	Tel: 6872 7137	Toa Payoh	Tel: 6354 7330
Bukit Batok	Tel : 6896 2271	Hougang	Tel : 6489 8078	Woodlands	Tel: 6369 7024
Choa Chu Kang	Tel : 6765 9647	Jurong	Tel: 6665 6467	Yishun	Tel: 6757 7794

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