

Keep all medication out of reach of children.



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PATIENT INFORMATION ON

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*Medicine To Treat:
Diabetes*

About your Medicine

Your doctor may have prescribed the following medications for you that work in different ways respectively or need to be consumed in a different manner:

Categories of Medicine	How does My Medicine Work?	How Should I Take My Medicine
<u>Sulphonylureas:</u> Chlorpropamide Glibenclamide Gliclazide Glipizide Tolbutamide Glimepiride	Helps the pancreas to release more insulin.	Take the tablet(s) everyday half an hour before meal(s). Do not miss or delay meals.
<u>Meglitinides:</u> Repaglinide Nateglinide	Helps the pancreas to release more insulin.	Take the tablet(s) immediately before each main meal.
<u>Biguanides:</u> Metformin	Helps the body to use insulin more efficiently.	Take the tablet(s) with meal(s) or after meal(s).
<u>Thiazolidinediones:</u> Rosiglitazone	Helps the body to use insulin more efficiently.	May be taken with or without food.
<u>α-glucosidase inhibitors:</u> Acarbose	Helps to stop the quick rise of blood glucose after a meal.	Take the tablet(s) with the first mouthful or immediately before each of the 3 main meals.

We are located in these polyclinics :

Ang Mo Kio	Tel : 6554 7462	Clementi	Tel: 6872 7137	Toa Payoh	Tel: 6354 7330
Bukit Batok	Tel : 6896 2271	Hougang	Tel : 6489 8078	Woodlands	Tel: 6369 7024
Choa Chu Kang	Tel : 6765 9647	Jurong	Tel: 6665 6467	Yishun	Tel: 6757 7794

Discard all medication that is outdated or no longer required