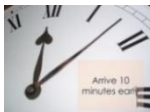


Preparation for **FASTING** Ultrasound Scan Hepatobiliary System (Liver & Gallbladder)



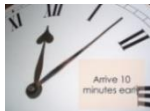
PREPARATION INSTRUCTION for FASTING Ultrasound Scan
(6-8 hours BEFORE appointment time)

PERSEDIAAN ARAHAN untuk Imbasan Ultrabunyi PERLU PUASA
(6-8 jam SEBELUM waktu temujanji)

DO's / DIBENARKAN		DON'Ts / TIDAK DIBENARKAN	
✓	Please fast 6-8 hours before appointment time Sila berpuasa 6-8 jam sebelum waktu temujanji	✗	No FOOD Jangan MAKAN
✓	Drink PLAIN WATER (ONLY) Minum AIR KOSONG (SAHAJA) 	✗	No DRINKS (Plain water is allowed) Jangan MINUM (Hanya air kosong dibenarkan)
✓	Take Medication (If any) Ambil ubat yang telah ditetapkan (jika ada) 	✗	Do not take DIABETES MEDICINE before your appointment (if any) Jangan ambil UBAT KENCING MANIS sebelum temujanji (jika ada)
✓	Arrive clinic 10 mins early Tiba di klinik 10 minit awal 	✗	No SMOKING Jangan MEROKOK 

To re-schedule, please call:
Untuk menukar jadual, sila hubungi:

6355 3000
(NHGP Contact Centre)

	PREPARATION INSTRUCTION for NON-FASTING Ultrasound Scan PERSEDIAAN ARAHAN untuk Imbasan Ultrabunyi TIDAK PERLU PUASA	
DO's / DIBENARKAN		
  	Eat and drink (as per normal) Makan dan minum seperti biasa Take Medication (If any) Ambil ubat yang telah ditetapkan (jika ada) Arrive clinic 10 mins early Tiba di klinik 10 minit awal	 
To re-schedule, please call: 6355 3000 Untuk menukar jadual, sila hubungi: (NHGP Contact Centre)		

Preparation for **PELVIS** Ultrasound Scan Uterus & Ovaries (Female Only)

	PREPARATION INSTRUCTION for PELVIS Ultrasound Scan (with FULL BLADDER) (1 hour BEFORE appointment time) PERSEDIAAN ARAHAN untuk Imbasan Ultrabunyi PELVIS (dengan PUNDI KENCING PENUH) (1 jam SEBELUM waktu temujanji)		
DO's / DIBENARKAN		DON'Ts / TIDAK DIBENARKAN	
✓ Drink 2-3 bottles (total 1.0- 1.5 litre) of PLAIN WATER Minum 2-3 botol (jumlah 1.0 - 1.5 liter) AIR KOSONG		✗ Do not go to TOILET Jangan pergi ke TANDAS	
✓ Arrive clinic10 mins early Tiba di klinik 10 minit awal			
✓ Eat and drink (as per normal) Makan dan minum seperti biasa			
To re-schedule, please call: Untuk menukar jadual, sila hubungi:		6355 3000 (NHGP Contact Centre)	