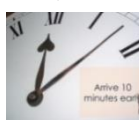
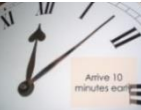


Preparation for **FASTING** Ultrasound Scan Hepatobiliary System (Liver & Gallbladder)

	PREPARATION INSTRUCTION for FASTING Ultrasound Scan (6-8 hours BEFORE appointment time) 超声波检验准备指示 (需禁食) (在预约时间前 6 至 8 小时)
DO's / 可行	DON'Ts / 不可行
✓ Please fast 6-8 hours before appointment time 在预约时间前 6 至 8 小时内禁止进食	✗ No FOOD 禁止进食
✓ Drink PLAIN WATER (ONLY) 只可喝白开水 	✗ No DRINKS (Plain water is allowed) 禁止喝其他饮料除了白开水
✓ Take Medication (If any) 可服用处方药物 (若有) 	✗ Do not take DIABETES MEDICINE before your appointment (if any) 禁止服用糖尿病药物(若有)
✓ Arrive clinic 10 mins early 在预约时间的 10 分钟前抵达诊疗所 	✗ No SMOKING 禁止抽烟 
To re-schedule, please call: 若要更换预约时间, 请拨打: 6355 3000 (NHGP Contact Centre)	

	PREPARATION INSTRUCTION for NON-FASTING Ultrasound Scan 超声波检验准备指示 (无需禁食)	
DO's / 可行		
	Eat and drink (as per normal) 可进食和喝水 (无需禁食)	
	Take Medication (If any) 可服用处方药物 (若有)	
	Arrive clinic 10 mins early 在预约时间的 10 分钟前抵达诊疗所	
		
To re-schedule, please call: 6355 3000 若要更换预约时间, 请拨打: (NHGP Contact Centre)		

Preparation for **PELVIS** Ultrasound Scan Uterus & Ovaries (Female Only)

☐	PREPARATION INSTRUCTION for PELVIS Ultrasound Scan (with FULL BLADDER) (1 hour BEFORE appointment time) 超声波检验准备指示 (膀胱需涨满) (在预约时间前 1 小时)
DO's / 可行	DON'Ts / 不可行
✓ Drink 2-3 bottles (total 1.0- 1.5 litre) of PLAIN WATER 需喝 2-3 瓶 (总共 1-1.5 升) 白開水  ✓ Arrive clinic 10 mins early 在预约时间的 10 分钟前抵达诊疗所  ✓ Eat and drink (as per normal) 可进食和喝水 (无需禁食)	✗ Do not go to TOILET 禁止上厕所 
To re-schedule, please call: 6355 3000 若要更换预约时间, 请拨打: (NHGP Contact Centre)	