

Keep all medication out of reach of children.



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PATIENT INFORMATION ON

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*Medicine To Treat:
Diabetes*

About your Medicine

Your doctor may have prescribed the following medications for you that work in different ways respectively or need to be consumed in a different manner:

| Categories of Medicine | How does My Medicine Work? | How Should I Take My Medicine |
|---|---|--|
| <u>Sulphonylureas:</u> Chlorpropamide Glibenclamide Gliclazide Glipizide Tolbutamide Glimepiride | Helps the pancreas to release more insulin. | Take the tablet(s) everyday half an hour before meal(s). Do not miss or delay meals. |
| <u>Meglitinides:</u> Repaglinide Nateglinide | Helps the pancreas to release more insulin. | Take the tablet(s) immediately before each main meal. |
| <u>Biguanides:</u> Metformin | Helps the body to use insulin more efficiently. | Take the tablet(s) with meal(s) or after meal(s). |
| <u>Thiazolidinediones:</u> Rosiglitazone | Helps the body to use insulin more efficiently. | May be taken with or without food. |
| <u>α-glucosidase inhibitors:</u> Acarbose | Helps to stop the quick rise of blood glucose after a meal. | Take the tablet(s) with the first mouthful or immediately before each of the 3 main meals. |

We are located in these polyclinics :

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|---------------|-----------------|----------|-----------------|-----------|----------------|
| Ang Mo Kio | Tel : 6554 7462 | Clementi | Tel: 6872 7137 | Toa Payoh | Tel: 6354 7330 |
| Bukit Batok | Tel : 6896 2271 | Hougang | Tel : 6489 8078 | Woodlands | Tel: 6369 7024 |
| Choa Chu Kang | Tel : 6765 9647 | Jurong | Tel: 6665 6467 | Yishun | Tel: 6757 7794 |

Discard all medication that is outdated or no longer required